



OFFICIAL INVITATION

The Hong Kong Weightlifting & Powerlifting Federation invite lifters to participate in the
Asia World Powerlifting & Bench Press Expo 2017
Geared & Classic Powerlifting & Bench Press Championship
19 – 20 of August 2017
In Kowloon Bay International Trade & Exhibition Centre, Hong Kong

The organizer of Arnold Classic Asia has cancelled the Sports Festival 2017 and will postpone it to 2018. The Hong Kong Weightlifting & Powerlifting Association is not informed until the latest moment. There is no explanation from the organizer. With the support of International Powerlifting Federation and Asian Powerlifting Federation, Hong Kong will host the 1st Asian World Powerlifting & Bench press Expo in the original dates. It is a demonstration Championship and lifters worldwide are invited to participate and demonstrate the Sports. The results and records are official in IPF for lifters from countries which are IPF members.

Meet Director : Ms Josephine Ip, 1005, Olympic House, Causeway Bay, Hong Kong

E mail: wyiphkucc@yahoo.com.hk

Phone : +852-93023519; Fax: +852-25048193

Informations and registration form at our homepage : <http://www.hkwpa.orh.hk>

Date : 19-20 August 2017

Venue : Kowloon Bay International Trade & Exhibition Centre
1, Trademart Drive, Kowloon Bay, Kowloon, Hong Kong

Sections: Men & Women:

Classic Powerlifting : all body weight

Classic Bench press: all body weight

Geared Powerlifting : all body weight

Geared Bench press: all body weight

Participation Fee: **US\$ 200** for each lifter for each section. There are 4 sessions: Classic Powerlifting, geared Powerlifting, Classic Bench Press and Geared Bench Press.

Participation fee must be cleared to confirm registration

Lifter from non-IPF countries can participate by joining Hong Kong Weightlifting & Powerlifting Association as temporary member by paying a fee of US\$15. These lifters can participate and need to follow rules & regulation of IPF. Anti-doping tests will be performed. However, their results are not recognized as IPF official results.

Anti-Doping Fee: US\$ 90 for each lifter

Anti-doping fee must be cleared to confirm registration

Banquet fee: US\$ 60

Hotels :

There are many hotels in the town center close to the venue. Those who need hotel arrangement, please contact the organizer.

Participants either book hotel on their own or book through the organizer. Participants can stay in any hotels and there is no need to pay extra to the organizer. However, the organizer can offer the best rate at a package price. The hotel booking room will be e-mailed to you after the nomination form is submitted.

12 August 2017 is the latest date for voluntary removal of nominated lifters. Participation fee will be refunded after deduction of bank charges, Hotel room fee will not be refunded if the room is booked through the organizer.

Arrivals/Transportation :

Arrival by plane – Hong Kong International airport

Transport from Hong Kong airport to city: by airport express, by bus or by taxi

Travel insurance All participants must have a valid health insurance. The organiser will not incur any expenses for a doctor or hospital. We recommend travel insurance for covering loss of luggage, theft, delayed planes, etc.

Nominations : Nomination is by individual. Top level lifters worldwide will be invited by the organizer.

Please submit your nomination form to pokkimwon@hkwp.org.hk

No of entries : **720 minutes of competition time are available. Participants are accepted on first come first serve basis. Registration is confirmed only after payment. Once the time slots are filled up, subsequent registrants are put in the waiting list. Those who has not paid will be eliminated automatically if there is over subscription.**

Payment: Participation fee can be wired to The Bank of East Asia, Limited

Bank Address: Shop A-C, G/F, Easey Commercial Building, 253-261 Hennessy Road,
Wanchai, Hong Kong

SWIFT code: BEASHKHH

Beneficiary Account No.: 015-521-68-00878-9(current)

Beneficiary Name: The Hong Kong Weightlifting and Powerlifting Association Limited

Beneficiary Tel. no.: +852-25048193

* Remitter is responsible for all handling & bank charges.

Final nomination: **28 July, 2017 (later entries will not be accepted).**

Those in the waiting list will be informed whenever there is a withdrawal.

Awards: Each lifter will be awarded with a participation medal

Best lifters awards will be given by Wilk's score. Champion, 1st runner-up, 2nd runner –up of each session will have trophies

Correspondence : Emails regarding the championships must be sent to HKWPA at e mail:
pokkimwon@hkwp.org.hk

Asia World Powerlifting & Bench Press Expo 2017			
Provisional timetable			
Day	Weigh in time	Classes	Start
Friday 18 August 2017		Technical meeting	20:00
Saturday 19 August 2017	08:00-09:30	Classic Bench Press Championship, all participants	10:00
	10:00-11:30 Gear check starts at 10:30	Geared Powerlifting Championship, all participants	12:00
	14:00-15:30	Classic Powerlifting Championship, all participants	16:00
	18.00 – 19.30 Gear check starts at 17:30	Geared Bench Press Championship, all participants	20:00
Sunday 20 August 2017	11:00-14:30	Award Ceremony & Banquet	