

國際健力賽資格賽 2018

International Powerlifting Competition Qualification Event 2018

比賽秩序表 Competition Schedule

比賽日期 Competition date: 21/04/2018

比賽總監 Competition Director: 卜錦文、葉永玉

<p>第一場 A 組 (所有女子組) (08:00am 運動員過磅) (比賽時間:10:00am) 1st Session Group A (Women all classes) (Weigh-in: 08:00am) (Competition start: 10:00am)</p>	<p>第一場 B 組 (男子元老二、三組及少年組) (08:00am 運動員過磅) (比賽時間:10:00am) 1st Session Group B (Men Masters 2 & 3 & Sub-junior classes) (Weigh-in: 08:00am) (Competition start: 10:00am)</p>
<p>Lunch Break</p>	
<p>第二場 A 組 (男子青年組、元老一組及公開組 59 -74kg) (11:30pm 運動員過磅) (比賽時間:13:30pm) 2nd Session Group A (Men Junior, M1 & Open 59 - 74 kg classes) (Weigh-in: 11:30pm am) (Competition start: 13:30pm)</p>	<p>第二場 B 組 (男子青年組、元老一及公開組 83kg) (11:30pm 運動員過磅) (比賽時間:13:30pm) 2nd Session Group B (Men Junior, M1 & Open 83kg classes) (Weigh-in: 11:30pm am) (Competition start: 13:30pm)</p>
<p>第二場 C 組 (男子青年組、元老一組及公開組 93-120+ kg 級) (11:30pm 運動員過磅) (比賽時間:13:30pm) 2nd Session Group C (Men Junior, M1 & Open 93- 120+ kg classes) (Weigh-in: 11:30pm) (Competition start: 13:30pm)</p>	