



# 香港舉重健力總會有限公司

The Hong Kong Weightlifting and Powerlifting Association Limited

Affiliated to:-

SPORTS FEDERATION & OLYMPIC COMMITTEE OF HONG KONG, CHINA  
INTERNATIONAL WEIGHTLIFTING FEDFERATION (I.W.F.)  
INTERNATIONAL POWERLIFTING FEDFERATION (I.P.F.)  
ASIAN WEIGHTLIFTING FEDFERATION (A.W.F.)  
ASIAN POWERLIFTING FEDFERATION (A.P.F.)

28<sup>th</sup> April 2018

Dear Ms Wong,

It comes to my attention that there will be an in-house Powerlifting competition in Volume Hong Kong on May 6, 2018. From the Facebook information, Mr Tyler Man and Ms Daniella Means will be referees of the competition.

Mr Tyler Man and Ms Daniella Means participated an international Powerlifting championship, Asia Pacific Challenge, on April 21, 2018, which was organized by Powerlifting Australia. It is confirmed by Asian Powerlifting Federation and International Powerlifting Federation spokesmen that the "Asia Pacific Challenge" is a non IPF sanctioned international competition.

According to International Powerlifting Federation(IPF) Constitution and By-Laws 2018, 14.9 Participating of Non IPF competition, any lifter, coach, referee or official who competes or participates in an international powerlifting or Bench Press competition not organized, sanctioned or approved by the IPF shall not be permitted to take part in any IPF international or regional competition for a period of 12 months from the date of that non-approved competition. As a result of this offence, Mr Man and Ms Means will be given suspension for 12 months. They cannot take part in powerlifting as lifters, coaches, referees, officials or any related workers.

As the said Championship is not an IPF sanctioned competition, HKWPA does not approve Mr Man and Ms Means to participate. According to IPF Constitution and By-Laws 2018, 14.10.5 Any lifter who participates in a contest with other countries without permission of his national federation is subjected to suspension and expulsion. The penalty is up to 6 months suspension for the first offence. Such consequences are conveyed to Mr Man and Ms Means before the said competition.

According to IPF Constitution and By-Laws 2018, 14.10.6 , an Athlete or official shall not participate in contests or competitions if there is any Athlete or official participating in any division, section or bodyweight class of that contest or competition who has been expelled or suspended from his or

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her international or national federation or who is serving the period of Ineligibility for a doping related offence. That means no member of IPF and HKWPA can take part in any competition involved both Mr Man and Ms Means. The penalty for the participants will be 6 months' Ineligibility commencing from the date of violation.

HKWPA has posted an urgent declaration in our Facebook and website explaining the case and the consequences. Those who will participate in the competition involving the 2 suspended lifters, Mr Man and Ms Means will be refrained from membership of HKWPA and cannot compete in HKWPA organized Championship till Nov 5, 2018. Restoration of membership or new membership application of offenders will be carefully considered case by case. A self-funded anti-doping test is essential. Once a lifter is not HKWPA member, he or she cannot represent Hong Kong to participate regional or international Championship and will be deleted from Hong Kong ranking.

I expect you, as a controller of your Gym, to inform the participants of your inhouse competition about this serious consequence.

Thank you very much for your attention.

Yours sincerely,  
Ms Josephine Ip  
Chairlady, HKWPA