

The Hong Kong Weightlifting and Powerlifting Association Limited
Additional Hong Kong Powerlifting Championships 2022 (Women Equipped), Hong Kong (Hong Kong), 08.10.2022

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	GL Coef	Lot	All Squat			All Bench Press			All Deadlift			Total	GL Pts	Pts			
Masters 2																					
-52kg																					
1	Lee Lai Ling	23.04.63	HKG	50.90	0.2067	1	80.0	90.0	400.0	1	65.0	70.5	72.5	1	90.0	105.0	108.0	1	268.5	55.50	12

Team(IPF GL Points)

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	GL Points	C.Rnk
1.	Lee Lai Ling	Hong Kong	50.90	268.5	55.4990	999

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

HKG = Hong Kong