

國際健力賽資格賽 2024

Powerlifting Qualification Event 2024

比賽程序 Competition Rundown

比賽日期 Competition date: 13/04/2024

比賽地點 Competition venue: 灣仔運動場舉重室 Wan Chai Sportsground Weightlifting Room

注：參加單項運動員將與健力三項運動員同場比賽

Note: Athletes participate in Single lift will compete together with powerlifting athletes

13/04/2024 (Sat)

男女子組 全部級別 (經典及有裝備)

Men Women All Categories (Classic & Equipped)

健力三項 Powerlifting & 單項 Single-Lift

12:00 檢查裝備 Equipment check

12:00 運動員過磅 Weigh-in

14:00 比賽開始 Competition start