

INTERNATIONAL POWERLIFTING FEDERATION
Hong Kong Powerlifting Championships 2018, Hong Kong (Hong Kong), 14.04.2018
DETAILED SCORESHEET

PL.	Lifters	B.Date	Team	Weight	WF	Lot	All Squat			All Bench Press			All Deadlift			TOTAL	W.pts.	Pts.			
Open																					
-59kg																					
1	Mow Ka Ho	09.07.94	Rage	57.59	0.8861	3	150.0	165.0	165.0	1	120.0	135.0	143.0	1	175.0	190.0	190.0	1	475.0	420.90	12
-66kg																					
1	Cheung Ho Man	21.11.86	Bar	65.81	0.7871	6	160.0	172.5	180.0	1	130.0	142.5	150.0	1	160.0	180.0	190.0	1	512.5	403.39	12
2	Wong Chi Ki	01.09.82	N/A	65.06	0.7946	5	120.0	125.0	130.0	2	77.5	85.0	87.5	2	147.5	160.0	170.0	2	380.0	301.95	9
-74kg																					
1	Hung Wing Fai	07.08.80	LION	69.02	0.7576	11	185.0	200.0	215.0	2	155.0	170.0	170.0	1	175.0	200.0	210.0	3	565.0	428.04	12
2	Fung Chau Sang	09.10.90	N/A	71.00	0.7414	13	177.5	192.5	200.0	3	85.0	95.0	102.5	4	205.0	220.0	232.5	1	535.0	396.65	9
3	Kwok Anakin	19.12.94	N/A	68.82	0.7593	14	162.5	172.5	177.5	4	95.0	102.5	105.0	3	190.0	205.0	210.0	2	475.0	360.67	8
?	Marco Orcino	11.10.94	N/A	73.18	0.7251	12	215.0	225.0	225.0	1	125.0	132.5	132.5	2	250.0	250.0	250.0	?	DSQ	?	?
-83kg																					
1	Kam Chi Leung	18.03.89	N/A	80.28	0.6812	23	230.0	240.0	252.5	1	185.0	205.0	210.0	1	260.0	280.0	285.0	2	735.0	500.68	12
2	Kwan Wenshen, Richard	24.02.92	N/A	80.48	0.6801	17	220.0	230.0	232.5	2	115.0	120.0	120.0	2	282.5	297.5	302.5	1	655.0	445.47	9
-105kg																					
1	Cheung Jeffrey	19.03.90	N/A	95.06	0.6219	28	180.0	190.0	195.0	1	90.0	105.0	112.5	1	210.0	227.5	235.0	1	535.0	332.72	12
?	Willie Booker	29.11.78	N/A	102.41	0.6030	27	187.5	195.0	X	2	130.0	130.0	130.0	?	200.0	X	X	?	DSQ	?	?
120+kg																					
1	Fong Chai Chi	01.12.82	LION	142.00	0.5576	29	285.0	305.0	X	1	235.0	237.5	255.5	1	175.0	225.0	243.0	1	803.5	448.03	12

Nation (points)

Best Lifters of Open							
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Kam Chi Leung	None	80.28	0.6812	735.0	500.68	1
2	Fong Chai Chi	Lion	142.00	0.5576	803.5	448.03	1
3	Kwan Wenshen, Richard	None	80.48	0.6801	655.0	445.47	2

Sub-Juniors

-66kg																					
1	Leung Tsz Hin	21.09.01	Rage	59.19	0.8636	4	60.0	70.0	X	1	40.0	60.0	X	1	110.0	125.0	140.5	1	270.5	233.60	12
-93kg																					
1	Wu Mo Wan, Jason	27.10.00	N/A	83.08	0.6671	21	205.0	220.0	227.5	1	97.5	102.5	105.0	2	225.0	230.0	230.0	1	550.0	366.90	12
2	Hwong Nicholas Man-don	26.04.01	N/A	83.82	0.6637	22	170.0	180.0	187.5	2	110.0	115.0	117.5	1	200.0	212.5	217.5	2	522.5	346.78	9

Nation (points)

Best Lifters of Subjuniors							
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Wu Mo Wan, Jason	None	83.08	0.6671	550.0	366.91	1
2	Hwong Nicholas Man-don	None	83.82	0.6637	522.5	346.78	2
3	Leung Tsz Hin	Rage Gang	59.19	0.8636	270.5	233.60	1

Juniors

-74kg																					
1	Lacson Michael Renegam	18.07.96	Rage	69.88	0.7504	9	170.0	175.0	180.0	1	77.5	82.5	87.5	1	220.0	230.0	245.5	1	497.5	373.32	12
-93kg																					
1	Chan Kin Hei	20.07.96	Power	91.05	0.6347	20	180.0	200.0	210.0	1	130.0	135.0	140.0	1	240.0	260.0	280.0	1	610.0	387.17	12
-105kg																					

1	Law Chun Hung	01.04.96	Bar	97.42	0.6152	26	60.0		X	X	1	70.0	X	X	1	60.0	X	X	1	190.0	116.89	12
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Nation (points)

Best Lifters of Juniors

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Chan Kin Hei	Poweresthetics	91.05	0.6347	610.0	387.17	1
2	Lacson Michaec Renegam	Rage Gang	69.88	0.7504	497.5	373.32	1
3	Law Chun Hung	Bar	97.42	0.6152	190.0	116.89	1

Masters 1

-74kg																					
1	Christopher Paul Folino	03.12.74	N/A	71.85	0.7348	8	135.0	135.0	140.0	1	120.0	122.5	122.5	1	195.0	201.0	202.5	1	463.5	340.58	12
-83kg																					
1	Lai Sze Wing, Terry	24.05.76	N/A	80.55	0.6798	16	200.0	210.0	220.0	1	150.0	155.0	160.0	1	200.0	210.0	220.0	1	600.0	407.88	12
-93kg																					
1	Leung Hoi	23.02.69	N/A	91.64	0.6327	15	185.0	205.0	210.0	1	135.0	135.0	140.0	2	205.0	215.0	230.0	1	580.0	366.97	12
2	Lo Thomas	04.10.77	Bar	84.04	0.6626	18	160.0	175.0	185.0	2	130.0	140.0	145.0	1	170.0	180.0	185.0	2	510.0	337.93	9
-105kg																					
1	Lee Ming Kay	08.12.76	N/A	95.70	0.6200	25	190.0	215.0	225.0	1	95.0	100.0	115.0	1	210.0	235.0	245.0	1	565.0	350.30	12
2	Lo Apollo	23.02.69	N/A	96.62	0.6174	19	150.0	150.0	150.0	2	110.0	110.0	120.0	2	180.0	200.0	210.0	2	470.0	290.18	9

Nation (points)

Best Lifters of Masters 1

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Lai Sze Wing, Terry	None	80.55	0.6798	600.0	407.88	1
2	Leung Hoi	None	91.64	0.6327	580.0	366.97	1
3	Lee Ming Kay	None	95.70	0.6200	565.0	350.30	1

Masters 2

-59kg																					
1	Wong Yee Wai	12.01.66	Bar	58.43	0.8741	2	120.0	120.0	131.0	1	80.0	103.0	X	1	140.0	152.0	X	1	352.0	307.68	12
2	Lau Wai Tong	03.11.59	LION	58.66	0.8708	1	80.0	85.0	90.0	2	70.0	85.0	85.0	2	100.0	105.0	115.0	2	275.0	239.47	9
-74kg																					
1	Choi Ling Fung	13.01.68	LION	71.16	0.7401	7	140.0	160.0	170.0	1	120.0	125.5	130.5	1	150.0	150.0	180.0	1	465.5	344.52	12
-105kg																					
1	Niklas Hageback	24.08.68	N/A	99.05	0.6109	24	150.0	160.0	X	1	130.0	135.0	X	1	185.0	200.0	X	1	480.0	293.23	12

Nation (points)

Best Lifters of Masters 2

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Choi Ling Fung	Lion	71.16	0.7401	465.5	344.52	1
2	Wong Yee Wai	Bar	58.43	0.8741	352.0	307.68	1
3	Niklas Hageback	None	99.05	0.6109	480.0	293.23	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
 Bar = Bar
 N/A = None
 Rage = Rage Gang
 LION = Lion
 Power = Poweresthetics