

The Hong Kong Weightlifting and Powerlifting Association Limited
17th Hong Kong Benchpress Championships 2018(Classic), Hong Kong (Hong Kong), 03.11.2018
SCORESHEET

| PL. | Name | B.Date | Team | Weight | WF | Lot | 1 Att. | 2 Att. | 3 Att. | RESULT | W.pts. | Pts. |
|--------------|----------------------|----------|-------|--------|--------|-----|-----------------|-----------------|-----------------|--------|--------|------|
| Open | | | | | | | | | | | | |
| -52kg | | | | | | | | | | | | |
| 1 | Jenifer Mccombie | 02.01.82 | N/A | 50.99 | 1.2656 | 3 | 55.0 | 57.5 | 57.5 | 57.5 | 72.77 | 12 |
| 2 | Tang Hoi Lam | 09.06.86 | Mulan | 49.83 | 1.2880 | 2 | 45.0 | 47.5 | 50.0 | 50.0 | 64.40 | 9 |
| -57kg | | | | | | | | | | | | |
| 1 | Cheung Chun Yin | 10.02.87 | N/A | 56.40 | 1.1701 | 6 | 52.5 | 55.0 | 57.5 | 55.0 | 64.36 | 12 |
| 2 | Kwan Peony Pui Nin | 14.10.90 | N/A | 56.75 | 1.1644 | 7 | 30.0 | 35.0 | 37.5 | 35.0 | 40.75 | 9 |
| -63kg | | | | | | | | | | | | |
| 1 | Lau Wing Yee Valerie | 13.06.93 | HKMA | 57.13 | 1.1583 | 10 | 52.5 | 57.5 | 60.0 | 60.0 | 69.50 | 12 |
| ? | Hung Wing Yan | 02.08.92 | N/A | 61.14 | 0.8385 | 11 | 60.0 | 60.0 | 60.0 | DSQ | ? | ? |
| -72kg | | | | | | | | | | | | |
| 1 | Chan So Yin | 10.07.91 | N/A | 69.50 | 0.9998 | 14 | 50.0 | 55.0 | 60.0 | 55.0 | 54.99 | 12 |
| 2 | Lee Lai Shan | 22.08.94 | Mulan | 71.34 | 0.9821 | 13 | 40.0 | 45.0 | 47.5 | 47.5 | 46.65 | 9 |

Nation (points)

| Best Lifters of Open | | | | | | | |
|-----------------------------|----------------------|--------|----------|--------|--------|----------|--------|
| Rnk | Lifter | Nation | B.Weight | WF | Result | W.Points | C.Rnk. |
| 1 | Jenifer Mccombie | None | 50.99 | 1.2656 | 57.5 | 72.77 | 1 |
| 2 | Lau Wing Yee Valerie | HKMA | 57.13 | 1.1583 | 60.0 | 69.50 | 1 |
| 3 | Tang Hoi Lam | Mu Lan | 49.83 | 1.2880 | 50.0 | 64.40 | 2 |

| Sub-Juniors | | | | | | | | | | | | |
|--------------------|------------|----------|-----|-------|--------|---|------|------|-----------------|------|-------|----|
| -57kg | | | | | | | | | | | | |
| 1 | Ng Ka Wing | 21.10.00 | N/A | 56.99 | 1.1606 | 5 | 32.5 | 37.5 | 40.0 | 37.5 | 43.52 | 12 |

Nation (points)

| Best Lifters of Subjuniors | | | | | | | |
|-----------------------------------|------------|--------|----------|--------|--------|----------|--------|
| Rnk | Lifter | Nation | B.Weight | WF | Result | W.Points | C.Rnk. |
| 1 | Ng Ka Wing | None | 56.99 | 1.1606 | 37.5 | 43.52 | 1 |

| Juniors | | | | | | | | | | | | |
|----------------|------------|----------|-------|-------|--------|---|------|------|-----------------|------|-------|----|
| -52kg | | | | | | | | | | | | |
| 1 | Luo Jia Yi | 24.04.96 | N/A | 51.36 | 1.2586 | 1 | 50.0 | 55.0 | 57.5 | 55.0 | 69.22 | 12 |
| -63kg | | | | | | | | | | | | |
| 1 | Luk Ho Yee | 07.02.95 | Mulan | 58.37 | 1.1390 | 9 | 50.0 | 55.0 | 60.0 | 55.0 | 62.65 | 12 |

Nation (points)

| Best Lifters of Juniors | | | | | | | |
|--------------------------------|------------|--------|----------|--------|--------|----------|--------|
| Rnk | Lifter | Nation | B.Weight | WF | Result | W.Points | C.Rnk. |
| 1 | Luo Jia Yi | None | 51.36 | 1.2586 | 55.0 | 69.22 | 1 |
| 2 | Luk Ho Yee | Mu Lan | 58.37 | 1.1390 | 55.0 | 62.65 | 1 |

| Masters 1 | | | | | | | | | | | | |
|------------------|-------------|----------|-----|-------|--------|----|------|-----------------|-----------------|------|-------|----|
| -57kg | | | | | | | | | | | | |
| 1 | Trina Tham | 23.05.74 | N/A | 56.47 | 1.1689 | 4 | 47.5 | 50.0 | 50.0 | 47.5 | 55.52 | 12 |
| -72kg | | | | | | | | | | | | |
| 1 | Leung Mikki | 01.11.74 | N/A | 71.57 | 0.9800 | 12 | 55.0 | 60.0 | 62.5 | 62.5 | 61.25 | 12 |

Nation (points)

| Best Lifters of Masters 1 | | | | | | | |
|----------------------------------|-------------|--------|----------|--------|--------|----------|--------|
| Rnk | Lifter | Nation | B.Weight | WF | Result | W.Points | C.Rnk. |
| 1 | Leung Mikki | None | 71.57 | 0.9800 | 62.5 | 61.25 | 1 |
| 2 | Trina Tham | None | 56.47 | 1.1689 | 47.5 | 55.52 | 1 |

| Masters 2 | | | | | | | | | | | | |
|------------------|---------------------|----------|-------|-------|--------|---|------|-----------------|---|------|-------|----|
| -63kg | | | | | | | | | | | | |
| 1 | Chan Mei Mei, Wendy | 12.09.66 | Mulan | 61.71 | 1.0910 | 8 | 57.5 | 62.5 | X | 57.5 | 62.73 | 12 |

Nation (points)

| Best Lifters of Masters 2 | | | | | | | |
|----------------------------------|---------------------|--------|----------|--------|--------|----------|--------|
| Rnk | Lifter | Nation | B.Weight | WF | Result | W.Points | C.Rnk. |
| 1 | Chan Mei Mei, Wendy | Mu Lan | 61.71 | 1.0910 | 57.5 | 62.73 | 1 |

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
 HKMA = HKMA
 N/A = None
 Mulan = Mu Lan