

Hong Kong Weightlifting and powerlifting Association Ltd

Hong Kong Squat Championships 2019(Classic), Hong Kong (Hong Kong), 21.12.2019
DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	Lot	All Squat			Total	IPF Pts	Pts
Open											
-59kg											
1	Lin Yiu Fai Open	07.04.76	NON	57.93	5	135.0	140.0	140.0 1	140.0	512.69	12
-66kg											
1	Leung Chin Ho	02.10.99	Raw Power	65.11	8	130.0	140.0	142.5 3	140.0	462.95	12
2	chan arthur	26.06.90	NON	64.42	11	145.0	152.5	160.0 1	160.0	535.10	9
3	Sze Kai Chun	02.12.90	Raw Power	65.13	12	140.0	140.0	142.5 2	142.5	471.26	8
-74kg											
1	Yu Wing Hong	03.07.91	Raw Power	73.16	18	180.0	192.5	200.0 1	192.5	583.31	12
2	Yuen chun sing	02.10.92	Raw Power	72.19	17	170.0	182.5	190.0 2	190.0	581.52	9
3	Chow Yuen Siu, Dominic	24.01.90	Raw Power	71.55	16	125.0	135.0	140.0 3	140.0	429.46	8
-83kg											
1	Mckenley Acton	08.05.89	NON	82.96	24	240.0	255.0	270.0 1	255.0	707.42	12
2	Cheng Hong	21.07.89	NON	80.62	22	170.0	180.0	190.0 2	190.0	536.26	9
3	Yu Shui Lun, Andrew	21.09.80	NON	75.94	23	115.0	125.0	140.0 3	140.0	410.75	8
-93kg											
1	Law kwan chak	03.09.93	NON	88.68	25	175.0	185.0	185.0 1	185.0	489.25	12
2	james zhao	24.05.94	NON	84.73	26	150.0	160.0	170.0 2	170.0	463.04	9
-105kg											
1	Kwok Chun Ting	25.08.94	NON	101.20	28	130.0	155.0	175.0 1	155.0	376.66	12
2	Tso Man Chit	16.12.94	NON	96.38	27	140.0	142.5	155.0 2	142.5	356.40	9

Nation(IPF Points)

Best Lifters of Open by IPF Points System

Rnk	Lifter	Nation	Bwt	Total	IPF Points
1.	Mckenley Acton	NONE	82.96	255.0	707.4270
2.	Yu Wing Hong	Raw Power	73.16	192.5	583.3108
3.	Yuen chun sing	Raw Power	72.19	190.0	581.5222

Sub-Juniors

-66kg											
1	Lee pok hin, elvin	26.03.02	Raw Power	63.80	10	115.0	120.0	127.5 1	127.5	428.01	12
2	Tam Ming Yik	03.01.03	NON	61.21	7	115.0	120.0	125.0 2	125.0	434.59	9
-74kg											
1	Yeung Wai Ho	23.04.03	Raw Power	71.19	33	145.0	155.0	160.0 1	160.0	493.79	12
2	yeung chun ho	20.03.02	NON	69.90	15	130.0	136.0	140.0 2	140.0	437.27	9

Nation(IPF Points)

Best Lifters of Subjuniors by IPF Points System

Rnk	Lifter	Nation	Bwt	Total	IPF Points
1.	Yeung Wai Ho	Raw Power	71.19	160.0	493.7961
2.	yeung chun ho	NONE	69.90	140.0	437.2764
3.	Tam Ming Yik	NONE	61.21	125.0	434.5962

Juniors

-59kg											
1	Law Ka Wai, Tom	11.11.97	NON	54.48	4	100.0	110.0	120.0 1	120.0	464.06	12
2	Tsang Wai Yan	21.04.98	NON	57.21	2	100.0	110.0	120.0 2	110.0	405.09	9
3	Lai Yi Son	12.12.99	NON	57.90	3	100.0	110.0	120.0 3	110.0	400.63	8
-66kg											
1	Lee King Chung, Kenneth	02.10.99	NON	65.29	6	145.0	145.0	150.0 1	145.0	478.71	12
-74kg											
1	Huang chi fu	17.11.95	NON	72.30	13	145.0	162.5	170.0 1	170.0	518.93	12
2	Ma chun hei	24.03.97	NON	71.05	14	145.0	155.0	165.0 2	165.0	510.23	9
-83kg											
1	Chan Ching Kit	26.04.99	NON	82.13	19	160.0	170.0	180.0 1	180.0	501.19	12
2	Ma Man Ki	12.09.96	Raw Power	79.60	20	145.0	155.0	162.5 2	162.5	461.91	9
3	Lai Man Ho	24.08.99	NON	79.86	21	140.0	140.0	140.0 3	140.0	396.20	8

Nation(IPF Points)

Best Lifters of Juniors by IPF Points System

Rnk	Lifter	Nation	Bwt	Total	IPF Points
1.	Huang chi fu	NONE	72.30	170.0	518.9317
2.	Ma chun hei	NONE	71.05	165.0	510.2385
3.	Chan Ching Kit	NONE	82.13	180.0	501.1907

Masters 1

-59kg											
1	Lin Yiu Fai Master	07.04.76	NON	57.93	1	135.0	140.0	140.0 1	140.0	512.69	12

Nation(IPF Points)

Best Lifters of Masters 1 by IPF Points System

Rnk	Lifter	Nation	Bwt	Total	IPF Points
1.	Lin Yiu Fai Master	NONE	57.93	140.0	512.6957

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

NON = NONE

Raw Power = Raw Power