

The Hong Kong Weightlifting and Powerlifting Association Limited
Hong Kong Benchpress Classic Championships 2019, Hong Kong (Hong Kong), 19.10.2019

SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	Lot	1 Att.	2 Att.	3 Att.	Result	IPF Pts	Pts
Open											
-47kg											
1	Siu Luen Yee, Sylvia	28.12.68	HKMA	44.66	21	32.5	35.0	37.5	37.5	380.58	12
-52kg											
1	Mccombie Jen	02.01.82	NON	51.07	6	65.0	65.0	67.5	65.0	582.83	12
-57kg											
1	Lee Ho Yin	25.02.87	NON	52.06	8	40.0	45.0	45.0	45.0	419.40	12
2	Kwan Peony Pui Nin	14.10.90	NON	56.64	9	27.5	32.5	37.5	32.5	311.86	9
-63kg											
1	Luk Ching Yu	14.12.93	NON	59.88	13	35.0	40.0	42.5	42.5	380.63	12
-72kg											
1	Chan So Yin	10.07.91	NON	69.40	15	67.5	72.5	72.5	72.5	569.83	12
2	Li Pui Ki	15.05.91	NON	69.37	16	50.0	50.0	52.5	52.5	432.23	9
-84kg											
1	Lee Lai Shan	22.08.94	NON	74.72	19	65.0	67.5	70.0	70.0	538.57	12
2	Ng Wing Yan	07.11.86	NON	72.84	18	30.0	35.0	40.0	40.0	341.34	9

Nation (points)

Best Lifters of Open by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Mccombie Jen	NONE	51.07	65.0	582.8298	1
2.	Chan So Yin	NONE	69.40	72.5	569.8311	1
3.	Lee Lai Shan	NONE	74.72	70.0	538.5715	1

Sub-Juniors

84+kg											
1	Ho Hiu Ching	24.06.06	NON	90.24	20	32.5	35.0	37.5	37.5	307.07	12

Nation (points)

Best Lifters of Subjuniors by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Ho Hiu Ching	NONE	90.24	37.5	307.0697	1

Juniors

-63kg											
1	Luo Jia Yi	24.04.96	NON	59.09	11	57.5	62.5	70.0	62.5	531.04	12

Nation (points)

Best Lifters of Juniors by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Luo Jia Yi	NONE	59.09	62.5	531.0353	1

Masters 1

-52kg											
1	Lam Wai Sze	14.06.78	NON	49.63	5	40.0	40.0	45.0	40.0	386.31	12

-72kg											
1	Leung Michelina	01.11.74	NON	68.47	14	52.5	57.5	62.5	57.5	468.71	12

Nation (points)

Best Lifters of Masters 1 by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Leung Michelina	NONE	68.47	57.5	468.7141	1
2.	Lam Wai Sze	NONE	49.63	40.0	386.3114	1

Masters 2

-47kg											
1	Siu Luen Yee, Sylvia M2	28.12.68	HKMA	44.66	1	32.5	35.0	37.5	37.5	380.58	12

-52kg											
1	Lee Lai Ling	23.04.63	NON	50.74	4	45.0	50.0	55.0	55.0	503.94	12

-57kg											
1	Ng Yu Fa, Esther	27.09.63	NON	52.72	7	42.5	47.5	48.5	48.5	445.05	12

-63kg											
1	Chan Mei Mei, Wendy	12.09.68	NON	59.70	10	60.0	66.0	68.5	66.0	554.87	12

Nation (points)

Best Lifters of Masters 2 by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Chan Mei Mei, Wendy	NONE	59.70	66.0	554.8676	1
2.	Lee Lai Ling	NONE	50.74	55.0	503.9414	1
3.	Ng Yu Fa, Esther	NONE	52.72	48.5	445.0452	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

HKMA = HKMA

NON = NONE