The Hong Kong Weightlifting and Powerlifting Association Limited
Hong Kong Benchpress Equipped Championships 2019, Hong Kong (Hong Kong), 19.10.2019
SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	Lot	1 Att.	2 Att.	3 Att.	Result	IPF Pts	Pts
Open											
-47kg											
1	Siu Luen Yee, Sylvia	28.12.68	HKMA	44.66	2	40.0	42.5	~~45.0~~	42.5	403.85	12
-63kg											
1	So Wai Ching	27.07.82	NON	61.39	3	60.0	62.5	65.0	65.0	453.71	12
-72kg											
1	Chan So Yin	10.07.91	NON	69.40	4	90.0	97.5	102.5	102.5	559.95	12

Nation (points)

Best Lifters of Open by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Chan So Yin	NONE	69.40	102.5	559.9482	1
2.	So Wai Ching	NONE	61.39	65.0	453.7083	1
3.	Siu Luen Yee, Sylvia	HKMA	44.66	42.5	403.8450	1

Masters 2

-47kg											
1.	Siu Luen Yee, Sylvia M2	28.12.68	HKMA	44.66	1	40.0	42.5	~~45.0~~	42.5	403.85	12

Nation (points)

Best Lifters of Masters 2 by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Siu Luen Yee, Sylvia M2	HKMA	44.66	42.5	403.8450	0

Abbreviations:
nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
HKMA = HKMA NON = NONE