

Hong Kong Weightlifting and Powerlifting Association
20th Hong Kong Bench Press Championships 2021(Classic), Hong Kong (Hong Kong), 04.09.2021

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	GL Coef	Lot	All Squat			All Bench Press			All Deadlift			Total	GL Pts	Pts	
Open																			
-52kg																			
1	Ho Chi Yin	03.06.92	None	49.55	1.0019	4	-	-	-	32.5	35.0	37.5	37.5	-	-	-	1	37.572	?
-57kg																			
2	Chan Lok Lok	18.08.94	None	55.65	0.9052	6	-	-	-	67.5	73.0	75.0	73	-	-	-	2	66.080	?
1	Jenifer Mccombe	02.01.82	None	55.76	0.9038	7	-	-	-	67.5	73.5	75.5	75.5	-	-	-	1	66.241	?
3	Man Cheuk Sze	14.02.95	None	55.88	0.9024	8	-	-	-	55.0	60.0	65.0	60	-	-	-	3	54.143	?
-63kg																			
1	Chen Yong Yi	04.02.96	None	58.81	0.8703	4	-	-	-	47.5	52.5	55.0	52.5	-	-	-	1	45.692	?
2	Ma Ching Shan	26.07.83	None	61.85	0.8433	3	-	-	-	45.0	47.5	50.0	47.5	-	-	-	2	40.057	?
-69kg																			
2	Ng Mei Po	17.06.83	None	67.22	0.8070	6	-	-	-	52.5	57.5	60.0	57.5	-	-	-	2	46.402	?
1	Chan So Yin(F 69kg)	10.07.91	None	67.31	0.5612	7	-	-	-	80.0	82.5	85.0	82.5	-	-	-	1	66.534	?

Team(IPF GL Points)

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	GL Points	C.Rnk
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Sub-Juniors

-52kg																			
1	Chow Hiu Yin	02.10.04	None	51.26	0.9698	3	-	-	-	42.5	47.5	50.0	47.5	-	-	-	1	46.066	?

Team(IPF GL Points)

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	GL Points	C.Rnk
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Juniors

-63kg																			
1	Yiu Yi Yan	22.01.02	None	61.02	0.8501	2	-	-	-	60.0	65.0	67.5	60	-	-	-	1	51.009	?

Team(IPF GL Points)

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team				Bwt	Result	GL Points	C.Rnk									
Masters 1																		
1	Vanina Revuelta Brown	15.12.77	None	62.37	0.8392	1	- - -	60.0	65.0	66.5	65	- - -	1	54.550	?			
-69kg																		
1	Ng Wing Sze(F 69kg)	04.12.80	None	63.81	0.8286	5	- - -	42.5	45.0	50.0	45	- - -	1	37.287	?			

Team(IPF GL Points)**Best Lifters of Masters 1 by IPF GL Formula**

Rnk	Lifter	Team				Bwt	Result	GL Points	C.Rnk									
Masters 2																		
-47kg																		
1	Siu Luen Yee	28.12.68	HKMA	43.72	1.1587	2	- - -	32.5	35.0	37.5	32.5	- - -	1	37.658	?			
-57kg																		
1	Lee Lai Ling	23.04.63	None	52.01	0.9571	5	- - -	55.0	57.5	60.0	60	- - -	1	57.427	?			

Team(IPF GL Points)**Best Lifters of Masters 2 by IPF GL Formula**

Rnk	Lifter	Team				Bwt	Result	GL Points	C.Rnk									
Masters 3																		
-47kg																		
1	Wong Wai Yu(F 47kg)	03.01.60	HKMA	46.61	1.0700	1	- - -	40.0	45.0	47.5	47.5	- - -	1	50.823	?			

Team(IPF GL Points)**Best Lifters of Masters 3 by IPF GL Formula**

Rnk	Lifter	Team				Bwt	Result	GL Points	C.Rnk
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Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt. DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

HKMA = HKMA

None = None