

香港健力裁判覆修班及裁判考試

日期及地點:

理論課: 29/07/2022 下午 6:00-9:00, 05/08/2022 下午 6:30-9:30; 銅鑼灣奧運大樓

實習課: 30/07/2022 下午 3:00-7:00; 灣仔田徑場舉重室

筆試: 08/08 或 09/08 或 10/08 (其中一天) 下午 6:30-9:30; 銅鑼灣奧運大樓;

補考(如需要): 11/08 或 12/08 (其中一天)下午 6:30-9:30; 銅鑼灣奧運大樓

實習試: 如筆試合格, 可在 13/08/2022 第 65 屆體育節 - 香港健力錦標賽 2022 中擔任實習裁判

課程大綱:

- IPF 健力規則
- 比賽組織及管理
- 反禁藥培訓

費用:

旁聽(供有興趣的本會會員): \$600

覆修(供本會註冊裁判): \$600

曾在 2021 年已報考本地裁判, 但未完成考試: 免費

有意考取本地裁判的本會永久會員並合乎考取本地裁判要求及獲批准(需在報名時說明): \$5000

有意考取國際裁判的本地裁判(需在報名時說明): \$1000

報名資格:

- (1) 本會會員
- (2) 曾最少 3 年內 4 次參加由本會或 IPF 舉辦之比賽, 並在過往 3 年內曾代表香港參加由 IPF 認可之國際比賽。(只限有意考取本地或國際裁判)

Hong Kong Powerlifting Referee Course and Referee Examination

Date and Time:

Theory session: 29/07/2022 6:00-9:00pm, 05/08/2022 下午 6:30-9:30pm at Olympic House

Practical session: 30/07/2022 3:00-7:00pm at Wan Chai Sportsground Weightlifting Room

Written Examination: 08/08 or 09/08 or 10/08, 6:30-9:30pm at Olympic House;

Make-up written Examination (If necessary): 11/08 or 12/08, 6:30-9:30pm at Olympic House;

Practical Examination: If candidate pass the written exam, he/she can take the practical exam in the 65th Festival of Sport - Hong Kong Powerlifting Championship 2022 on 13/08/2022.

Course Outline:

- IPF Powerlifting Rules
- Organizing and Management of competition
- Anti-Doping Rules

Fee:

Audition (for interested HKWPA members): \$600

Restoration (for HKWPA registered referee): \$600

Have applied for the local referee exam in 2021 but have not completed the exam: Free

Permanent members of the HKWPA who are interested in taking the local referee and meet the requirements for local refereeing and are approved (must be stated at the time of registration): \$5000

Local referees who are interested in becoming an international referee (please specify when registering): \$1000

Application Requirements:

- (1) Must be a permanent member of HKWPA
- (2) Have Participated in any competition organized by HKWPA or IPF for at least 4 times in pass 3 years, and represented Hong Kong to participate in IPF sanctioned competition for at least 1 time in pass 3 years.