

INTERNATIONAL POWERLIFTING FEDERATION
Hong Kong Bench Press Championships 2023 (Men Classic), Hong Kong (Hong Kong), 18.02.2023
DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat	All Bench Press	All Deadlift	Total	IPF GL	Pts
Open												
-59kg												
1	Chow Jar Yue	17.06.92	None	57.46	0.6124	5	- - - ?	105.0 110.0 X	1	- - - ?	105.0	64.30 12
2	Cheung Chun Sing	09.08.87	Raw Power	58.82	0.6044	8	- - - ?	95.0 100.0 105.0	2	- - - ?	105.0	63.47 9
3	Lin Yiu Fai	07.04.76	None	57.88	0.6099	9	- - - ?	95.0 95.0 100.0	3	- - - ?	95.0	57.94 8
4	Kam Ka Kit	17.01.97	None	58.07	0.6088	6	- - - ?	92.5 95.0 100.0	4	- - - ?	92.5	56.31 7
5	Li Sau Tung	11.11.96	None	57.98	0.6093	7	- - - ?	90.0 90.0 95.0	5	- - - ?	90.0	54.84 6
-66kg												
1	Wong Kwok Sing	20.11.91	None	64.76	0.5731	15	- - - ?	120.0 130.0 132.5	1	- - - ?	132.5	75.94 12
2	Leung Tsz Lik	27.09.99	None	64.94	0.5722	13	- - - ?	117.5 125.0 132.5	2	- - - ?	125.0	71.53 9
3	Lam Victor Hong	30.01.91	None	65.22	0.5709	14	- - - ?	80.0 90.0 100.0	3	- - - ?	90.0	51.38 8
-74kg												
1	Fang Yan Jin Samuel	06.11.94	HKMA	72.45	0.5393	23	- - - ?	110.0 117.5 125.0	1	- - - ?	125.0	67.42 12
2	Yuen Ka Tsun	11.05.90	None	72.08	0.5408	25	- - - ?	105.0 115.0 120.0	2	- - - ?	120.0	64.90 9
3	Chau Chun Yin	27.01.98	SCAA	69.65	0.5509	22	- - - ?	90.0 97.5 100.0	3	- - - ?	100.0	55.09 8
4	Fok Chi Him Kevin	24.04.91	HKMA	68.46	0.5560	24	- - - ?	70.0 80.0 80.0	4	- - - ?	80.0	44.48 7
-83kg												
1	Woo Patrick	11.09.85	None	80.30	0.5109	31	- - - ?	140.0 142.5 142.5	1	- - - ?	142.5	72.81 12
2	Punn Ian Nicholas	07.03.96	Raw Power	82.23	0.5047	30	- - - ?	120.0 125.0 135.0	2	- - - ?	135.0	68.13 9
3	Chan Kam Wai	16.01.95	Raw Power	79.42	0.5139	29	- - - ?	120.0 130.0 137.5	3	- - - ?	130.0	66.80 8
-93kg												
1	Kam Chi Leung	18.07.89	Raw Power	85.86	0.4937	34	- - - ?	177.5 185.5 185.5	1	- - - ?	177.5	87.63 12

Team(IPF GL Points)

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	F GL Poir C.Rnk
1.	Kam Chi Leung	Raw Power	85.86	177.5	87.6323 1
2.	Wong Kwok Sing	None	64.76	132.5	75.9385 1
3.	Woo Patrick	None	80.30	142.5	72.8065 1

Sub-Juniors

-53kg

1	Wong Ming Ho	26.08.07	None	51.63	0.6504	2	-	-	-	?	45.0	45.0	50.0	1	-	-	-	?	50.0	32.52	12
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-74kg

1	Ng Chun Pang	25.09.06	None	68.67	0.5551	21	-	-	-	?	65.0	65.0	67.5	1	-	-	-	?	67.5	37.47	12
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-105kg

1	Shi Ching Wing	28.05.07	SCAA	93.05	0.4743	36	-	-	-	?	50.0	57.5	57.5	1	-	-	-	?	50.0	23.72	12
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Team(IPF GL Points)

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	F	GL	Poir	C.Rnk
1.	Ng Chun Pang	None	68.67	67.5	37.4699	1		
2.	Wong Ming Ho	None	51.63	50.0	32.5198	1		
3.	Shi Ching Wing	South China Athletic Association	93.05	50.0	23.7157	1		

Juniors

-53kg

1	Wong Kwok Ching	02.10.00	None	50.85	0.6560	1	-	-	-	?	30.0	35.0	37.5	1	-	-	-	?	35.0	22.96	12
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-66kg

1	Kwok Chun Fui Jeffrey	29.12.01	None	63.44	0.5796	12	-	-	-	?	70.0	77.5	85.0	1	-	-	-	?	85.0	49.27	12
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-74kg

1	Chan Lung Lung	01.01.02	None	69.73	0.5505	20	-	-	-	?	115.0	115.0	120.0	1	-	-	-	?	115.0	63.31	12
2	Mathew Alexander Yee	29.07.00	None	72.25	0.5401	19	-	-	-	?	110.0	115.0	120.0	2	-	-	-	?	115.0	62.12	9

-83kg

1	Singh Mohit	04.08.00	None	80.44	0.5105	28	-	-	-	?	115.0	120.0	122.5	1	-	-	-	?	120.0	61.26	12
2	Tsoi Kin Ho Jesse	24.12.02	SCAA	80.92	0.5089	27	-	-	-	?	85.0	90.0	90.0	2	-	-	-	?	85.0	43.26	9

-93kg

1	Wong Hon Cheung	04.03.04	Raw Power	86.67	0.4914	33	-	-	-	?	110.0	120.0	125.0	1	-	-	-	?	120.0	58.96	12
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-105kg

1	Lui Kwok Hei	13.01.02	Raw Power	96.38	0.4663	35	-	-	-	?	130.0	140.0	145.0	1	-	-	-	?	140.0	65.28	12
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Team(IPF GL Points)

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	F	GL	Poir	C.Rnk
1.	Lui Kwok Hei	Raw Power	96.38	140.0	65.2782	1		
2.	Chan Lung Lung	None	69.73	115.0	63.3114	1		
3.	Mathew Alexander Yee	None	72.25	115.0	62.1163	2		

Masters 1

-59kg																					
1	Tong Kei Hin	10.07.81	None	57.82	0.6102	3	-	-	-	?	110.0	113.5	115.0	1	-	-	-	?	115.0	70.18	12
2	Lin Yiu Fai	07.04.76	None	57.88	0.6099	9	-	-	-	?	95.0	100.0	100.0	2	-	-	-	?	100.0	60.99	9
-66kg																					
1	Federico Daniel Dirube	04.05.80	None	62.92	0.5823	10	-	-	-	?	100.0	105.0	107.5	1	-	-	-	?	107.5	62.59	12
2	Tin Hin Tat	18.04.82	None	64.73	0.5733	11	-	-	-	?	95.0	100.0	107.5	2	-	-	-	?	100.0	57.33	9
-74kg																					
1	Chan Ka Lok	08.01.78	None	71.77	0.5421	18	-	-	-	?	90.0	100.0	105.0	1	-	-	-	?	105.0	56.92	12
2	Kiho Takahiro	29.06.75	None	72.91	0.5375	17	-	-	-	?	92.5	95.0	100.0	2	-	-	-	?	100.0	53.75	9
-83kg																					
1	Ma Tak Chuen	01.08.75	None	81.05	0.5085	26	-	-	-	?	95.0	100.0	105.0	1	-	-	-	?	105.0	53.39	12
-93kg																					
1	Ki Wing Yin	29.10.82	SCAA	89.64	0.4831	32	-	-	-	?	90.0	100.0	105.0	1	-	-	-	?	90.0	43.48	12

Team(IPF GL Points)

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	F	GL	Poir	C.Rnk
1.	Tong Kei Hin	None	57.82	115.0	70.1784	1		
2.	Federico Daniel Dirube	None	62.92	107.5	62.5943	1		
3.	Lin Yiu Fai	None	57.88	100.0	60.9893	2		

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record; 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

HKMA = Hong Kong Medical Association
 None = None

Raw Power = Raw Power
 SCAA = South China Athletic Association