

**The Hong Kong Weightlifting and Powerlifting Association Limited**  
**Hong Kong Squat Championships 2023, Hong Kong (Hong Kong), 23-24.09.2023**

**DETAILED SCORESHEET**

Rnk	Name	d.o.b.	Team	Bwt	IPF GL	Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts
<b>Open</b>																			
<b>-83kg</b>																			
1	Lee Sung Yan	12.01.95	HKG	78.35	0.1425	2	165.0	180.0	185.0	1	-	-	-	-	-	-	180.0	25.66	12

**Team(IPF GL Points)**

**Best Lifters of Open by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Total	IPF GL Poir	C.Rnk
1.	Lee Sung Yan	Hong Kong, China	78.35	180.0	25.6586	0

**Sub-Juniors**

<b>-105kg</b>																			
1	Chen Lok Shing Ip	30.01.08	HKG	98.45	0.1273	3	70.0	85.0	105.0	1	-	-	-	-	-	-	85.0	10.82	12

**Team(IPF GL Points)**

**Best Lifters of Subjuniors by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Total	IPF GL Poir	C.Rnk
1.	Chen Lok Shing Ip	Hong Kong, China	98.45	85.0	10.8182	0

**Juniors**

<b>-74kg</b>																			
1	Cheung Chun Sum	07.01.01	HKG	71.78	0.1492	1	160.0	175.0	177.5	1	-	-	-	-	-	-	175.0	26.10	12

**Team(IPF GL Points)**

**Best Lifters of Juniors by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Total	IPF GL Poir	C.Rnk
1.	Cheung Chun Sum	Hong Kong, China	71.78	175.0	26.1023	0

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**Abbreviations:**

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record; 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

HKG = Hong Kong, China