

INTERNATIONAL POWERLIFTING FEDERATION
Hong Kong Bench Press Championships 2024 (Classic), Hong Kong (Hong Kong), 05.10.2024
SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
Open												
-59kg												
1	Ieong Man Teng	06.11.85	None	57.30	0.6133	4	117.5	120.0	121.0	121.0	74.21	9
2	Chan Pak Chung Sam	11.04.00	Raw Power	58.08	0.6087	3	105.0	112.5	112.5	105.0	63.92	8
3	Chan Siu Him	03.03.85	None	57.13	0.6144	1	95.0	100.0	100.0	95.0	58.36	7
-83kg												
1	Woo Patrick William Towe	11.09.85	None	82.35	0.5043	9	140.0	142.5	145.0	142.5	71.87	12
-93kg												
1	Kam Chi Leung	18.03.89	Raw Power	88.30	0.4868	11	175.0	185.5	187.5	187.5	91.27	12
-105kg												
1	Wu Cheong	22.10.88	None	103.00	0.4518	13	160.0	165.0	181.0	165.0	74.55	12
2	Ko Ka Chun	27.02.97	None	98.50	0.4614	12	100.0	110.0	120.0	120.0	55.37	9

Team(IPF GL Points)

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Kam Chi Leung	Raw Power	88.30	187.5	91.2728	1
2	Wu Cheong	None	103.00	165.0	74.5452	1

Sub-Juniors

-66kg												
1	Yiu Pak Kiu	08.12.08	None	64.50	0.5744	5	72.5	80.5	80.5	72.5	41.64	12

Team(IPF GL Points)

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Yiu Pak Kiu	None	64.50	72.5	41.6430	1

Masters 1

-83kg

1	Ma Tak Chuen	01.08.78	None	81.32	0.5076	8	105.0	105.0	110.0	105.0	53.30	12
2	Chan Ka Lok	08.01.78	None	77.32	0.5211	7	80.0	90.0	100.0	100.0	52.11	9
3	Wong Ho Tin	08.06.84	None	82.35	0.5043	6	90.0	95.0	97.5	95.0	47.91	8

Team(IPF GL Points)

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Ma Tak Chuen	None	81.32	105.0	53.2981	1
2.	Chan Ka Lok	None	77.32	100.0	52.1093	2
3.	Wong Ho Tin	None	82.35	95.0	47.9107	3

Masters 2

-93kg

1	Fan On Tik Andy	06.02.74	None	87.15	0.4900	10	75.0	80.0	87.5	87.5	42.88	12
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Team(IPF GL Points)

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Fan On Tik Andy	None	87.15	87.5	42.8752	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Gan
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

None = None

Raw Power = Raw Power