

INTERNATIONAL POWERLIFTING FEDERATION
Hong Kong Bench Press Championships 2024 (Classic), Hong Kong (Hong Kong), 05.10.2024
SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
Open												
-47kg												
1	Yuen Chui Yu	18.02.98	Raw Power	45.48	1.1016	2	60.0	65.0	67.5	65.0	71.60	12
2	Lau Chin Chin	02.03.95	Raw Power	46.28	1.0788	3	40.0	45.0	50.0	45.0	48.55	9
-52kg												
1	Ho Ching Yan	09.06.92	None	48.93	1.0148	5	30.0	30.0	32.5	32.5	32.98	12
?	Li Yee Wah	24.11.88	None	50.89	0.9764	4	55.0	55.0	55.0	DSQ	?	?
-57kg												
1	Jenifer Mccombie	02.01.82	None	56.91	0.8903	7	72.5	77.5	82.5	77.5	69.00	12
2	Chan Ching Laam	17.11.98	None	52.86	0.9436	8	52.5	57.5	57.5	57.5	54.26	9
-63kg												
1	Chow Chi Hon	11.11.97	None	62.96	0.7488	10	50.0	60.0	62.5	60.0	50.86	12
2	Cheuk So Wah	17.01.82	None	60.33	0.8561	11	25.0	27.5	30.0	30.0	25.68	9
-69kg												
1	Wong Ying Chi	16.04.95	None	64.47	0.8240	12	47.5	50.0	52.5	52.5	43.26	12
-84kg												
1	Chan Sze Hei	20.06.93	Raw Power	82.26	0.7501	13	60.0	65.0	70.0	65.0	48.75	12
84+kg												
1	Leung Shuk Lai	29.05.96	None	97.18	0.7251	14	67.5	72.5	72.5	67.5	48.94	12

Team(IPF GL Points)

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Yuen Chui Yu	Raw Power	45.48	65.0	71.6033	1
2.	Jenifer Mccombie	None	56.91	77.5	69.0007	1
3.	Chan Ching Laam	None	52.86	57.5	54.2586	2

Sub-Juniors

-57kg

1	Wong Chung Lam	04.08.02	None	54.65	0.9180	6	42.5	47.5	52.5	47.5	43.61	12
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Team(IPF GL Points)

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Wong Chung Lam	None	54.65	47.5	43.6069	1

Juniors

-63kg

1	Zheng Kai On	04.02.02	None	62.43	0.8388	9	35.0	40.0	42.5	40.0	33.55	12
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Team(IPF GL Points)

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Zheng Kai On	None	62.43	40.0	33.5504	1

Masters 1

-57kg

1	Jenifer Mccombie	02.01.82	None	56.91	0.8903	7	72.5	77.5	82.5	77.5	69.00	12
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-63kg

1	Cheuk So Wah	17.01.82	None	60.33	0.8561	11	25.0	27.5	30.0	30.0	25.68	12
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Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	C.Rnk
1	Jenifer Mccombie	02.01.82	None	56.91 0.8903 7 72.5 77.5 82.5	77.5 69.00 12

2	Cheuk So Wah	17.01.82	None	60.33	0.8561	11	25.0	27.5	30.0	30.0	25.68	12
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Masters 3

-47kg

1	Wong Wai Yu	03.01.60	None	46.76	1.0660	1	45.0	48.5	49.0	49.0	52.23	12
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Team(IPF GL Points)

Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Wong Wai Yu	None	46.76	49.0	52.2348	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

None = None

Raw Power = Raw Power