



OFFICIAL INVITATION

**The International Powerlifting Federation,
Asian Powerlifting Federation
and
Uzbekistan Powerlifting Federation
invite**

the APF member nations to participate in the

**2024 Asian Classic Powerlifting Championship
Open, Sub Junior, Junior, Masters (Men & Women)
from December 1 to 10**

in Tashkent, Uzbekistan

Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

Meet Director: Name: Samedinova Elvira
Phone: +99890-178-04-28
E-mail: elvirasamedinova@gmail.com / fotiev_ss@mail.ru

**Correspondence, Visa:
Booking & Transfer** Name: Umirzakov Fazlitdin
Phone: +99894-650-80-79
E-mail: fozil789@mail.ru / fotiev_ss@mail.ru

Technical Secretary: Name: Chen-Yeh Chao
E-mail: chenyehchao@yahoo.com.tw

APF General Secretary: Name: Tatiana Romanova
Phone: +996 700 963 500
E-mail: romanovاتم@gmail.com

**APF Championship
Secretary:** Name: P.J. Joseph
E-mail: pjoseph_arjun@yahoo.co.in

Host City: Tashkent, Uzbekistan

Date: December, 1-10

Venue: Le Grande Plaza, Tashkent, 100047, Uzbekistan.
Website: www.legrandeplaza.com

Preliminary: October, 2

Final: November, 11



Technical Meeting: 7.00 pm December, 1 Le Grande Plaza

Official Hotel: Le Grande Plaza, Tashkent, 100047, Uzbekistan

Hotel Rates: Prices for night PER PERSON /PER NIGHT (breakfast and lunch include)

95 \$ (single room)

85 \$ (twin room)

80 \$ (triple room)

Less than 4 nights booking is not available

We have ability to accommodations 4-, 5-, 6- person in room, with same cost-80\$ /per night/ per person, but it is limited offer.

Note 1:

Check-in time - 14.00; check out time - 12.00. Late check out (from 12.00 till 18.00) – 50% payment off regular price; late check out (from 18.00) – full payment per room per night. Early check in - 50% payment off regular price per room per night.

Note 2:

All athletes, coaches, referees, or officials from each National Member Federation must stay in the official hotel for all days in attendance at the Event. If athletes, coaches, referees, or officials do not stay in the official hotel during the Event, they will be obliged to pay an administration fee of € 100 per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that Event. All room reservations must be done through the meet director of the Event, unless otherwise specified on the Invitation to the Event.

Note 3:

The organizer will not be responsible for any hotel bills of the participating Nations. Each Team manager will be responsible.

All rooms must be booked at the latest with the deadline of the preliminary nomination. After the deadline the organizer cannot guarantee the accommodation.

Payable by:

1. Payment by credit card at **arrival.**
2. Payment by cash at **arrival.**

International Airport for arrival:

Islam Karimov International Airport (TAS) one way 20 \$, double 30 \$

Scales:

Scales will be available at the official hotel, 24 hours.

Training:

Will be available at the official hotel (after competition)

Flag and anthem:

Will be provided by the team.

Closing Banquet:

December 10, 7 p.m. **TICKET 35 \$**, The banquets tickets must be ordered with the final nomination. Payment must be done in advance till **December 2**



Participation Fee: 90\$ for each lifter
Anti-Doping Fee: 70\$ for each lifter
Coach fee: 50\$ for each coach

Health and Travel Insurance: All delegate members must have a valid health insurance (it is also obligatory to have it at customs). The organiser and the APF will not incur any expenses for a doctor or a stay in hospital. We recommend the travel insurance for covering loss of luggage, theft, delayed planes etc.

Nominations: Team nomination forms must be in the hands of the Meet Director and the APF Championship Secretary not later than: **October 2**

Preliminary: **October 2** complete filled in preliminary form must be sent. (No final nomination will be accepted if complete filled in the preliminary was not sent).

Final: **November 11** (later entries will not be accepted).

21 Days Before Technical Meeting: **November 11 is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms.** If not any withdrawal is made 21 days prior to the Technical Meeting of a Championship or Cup, federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination form (IPF By-Laws 14.4 and 14.5)

Correspondence: E-Mails regarding the championship must be sent to:
Meet Director



Provisional Time Table

Date	Weigh-in	Event	Weight Class	Start
01/12		Technical meeting		19:30
02/12		Opening ceremony		10:00
	09:00-10:30	Sub Junior, Junior & Masters	Women 43/47/52kg	11:00
	13:00-14:30	Sub Junior, Junior & Masters	Women 57/63/69kg	15:00
03/12	09:00-10:30	Sub Junior, Junior & Masters	Women 76/84/84+kg	11:00
	13:00-14:30	Sub Junior & Masters	Men 53/59kg	15:00
04/12	09:00-10:30	Sub Junior & Masters	Men 66/74kg	11:00
		APF General Assembly		15:00
05/12	09:00-10:30	Sub Junior & Masters	Men 83kg	11:00
	13:00-14:30	Sub Junior & Masters	Men 93/105kg	15:00
	16:00-17:30	Sub Junior & Masters	Men 120/120+kg	18:00
06/12	09:00-10:30	Open	Women 47/52/57kg	11:00
	13:00-14:30	Open	Women 63/69kg	15:00
07/12	09:00-10:30	Open	Women 76/84/84+kg	11:00
	13:00-14:30	Junior & Open	Men 53/59kg	15:00
08/12	09:00-10:30	Junior & Open	Men 66kg	11:00
	13:00-14:30	Junior & Open	Men 74kg	15:00
09/12	09:00-10:30	Junior & Open	Men 83kg	11:00
	13:00-14:30	Junior & Open	Men 93/105kg	15:00
10/12	09:00-10:30	Junior & Open	Men 120/120+kg	11:00
	13:00-14:30	Special Olympics & Blind	All categories	15:00
		Banquet		8:00pm



Important Items to Remember

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event.
- Final nomination, submitted not later than 21 days prior to an International Event, must be made from those nominated in the preliminary nomination. (IPF By-Laws 14.5)

According Technical Rules [Page 4, item 7] at the final nomination you must definitely list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on September 21. Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

Indemnity & Insurance: All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said Championships.

Farshid Soltani
President APF

Tatiana Romanova
APF Secretary General

Samedinova Elvira
Meet Director