

INTERNATIONAL POWERLIFTING FEDERATION
Hong Kong Bench Press Championships 2026 (Women Classic), Hong Kong, 08.08.2026
SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
Open												
-47kg												
	1 Yuen Chui Yu	18.02.88	Ind.	42.25	1.2155	3	60.0	65.0	70.0	65.0	79.01	12
-52kg												
	1 Yeung Chin Wai	22.01.02	Ind.	50.85	0.9771	5	50.0	55.0	60.0	55.0	53.74	12
	2 Chong Hiu Shuen	28.12.91	Raw P	51.19	0.9710	6	25.0	30.0	32.5	32.5	31.56	9
-63kg												
	1 Chan Choi Kuen Aya	08.08.91	Ind.	61.68	0.8447	10	60.0	65.0	67.5	67.5	57.02	9
Masters 2												
-52kg												
	1 Lau Yuen Kwan Winnie	29.11.72	Ind.	50.10	0.9911	4	40.0	45.0	47.5	45.0	44.60	12
-63kg												
	1 Lui Nana	21.09.72	Ind.	61.82	0.8436	7	35.0	37.5	40.0	37.5	31.63	12
	2 Yim Hoi Shan	26.09.74	Ind.	59.59	0.8628	8	30.0	35.0	37.5	35.0	30.20	9
-84kg												
	1 Chan Wing Yee Fiona	22.08.75	Ind.	80.21	0.7553	11	40.0	45.0	47.5	47.5	35.88	12
Masters 3												
-47kg												
	1 Wong Wai Yu Amelia	03.01.60	Ind.	46.48	1.0734	2	45.0	47.5	50.5	50.5	54.21	12
Masters 4												
-47kg												
	1 Lau Yuk Wah Rose	21.01.55	Ind.	40.97	1.2736	1	25.0	27.5	28.0	27.5	35.02	12

Overall Best Lifters by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1	Yuen Chui Yu	Ind.	42.25	65.0	79.01	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

Ind. = Individual

Raw P = Raw Power