INTERNATIONAL POWERLIFTING FEDERATION

Cross-Strait, Hong Kong and Macau SARs Combined Classic & Equipped Powerlifting & Bench Press Championships 2026, 11.10.2026

Classic Bench Press (Men)

SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
Open												
-120kg												
1	Wu Cheong	1988	HKG	105.56	0.4467	6	175.0	~~180.0~~	~~180.0~~	175.0	78.17	12
Sub-Juniors												
-74kg												
1	Chan Kin Hei Gavin	2008	HKG	67.98	0.5582	5	112.5	120.0	~~125.0~~	120.0	66.98	12
2	Wong Tsz Hin	2011	HKG	68.77	0.5547	4	~~62.5~~	62.5	70.0	70.0	38.83	9
Masters 1												
-59kg												
1	Tong Kei Hin	1981	HKG	57.73	0.6108	1	107.5	112.5	117.5	117.5	71.77	12

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.